

## The Balance

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Everyone has a balance in their body. I have balance too. This balance is a multi-sides balance, and a happy and proactive lifestyle runs this balance.

On the balance, there is the side of **investment**, there is the side of **LSAT**, there is the side of **work out**, there is the side of **job**, there is the side of **entertainments**, there is the side of **self-reflection**, there is the side of **meditation**, there is the side of **eating**, there is the side of **social**, there is the side of **reading**, and there is the side of my **internal feeling**.

A balance of all these sides push each other forward. Imbalance will just harm them as a whole.

I love my life in New Hampshire, staying with Joel. He teaches me what a routine in life is like. Sustaining a routine in my life gives me the best accommodation I have ever had. In South Africa, I broke the balance and lost the routine. I was hoping that if I emphasize on one side, I can forget about the pain from imbalance, but this never works. Time goes by very fast, and I have 21 days left at ALA. Seeking back my balance appears to be the theme in front of me. Yes, the theme is seeking my balance back.

Open my heart, be charming, be assertive, and be bright. Never reckon the current circumstance a suffer, love it and enjoy it.